**My revision timetable**

Here is an example of a revision timetable you could use. You don’t have to fill in every box, but you should be revising every day. Notice there is a 15 minute break after 45 minutes of revision; you shouldn’t revise for long periods of time without a break. This is just an example - it might be better to make your own according to your daily routine.

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **Exam** | **After school revision** | **4 - 4.45pm** | **5 - 6pm** | **6 – 6.45pm** | **7 - 7.45pm** | **8 - 8.45pm** | **9 – 9.45pm** | **After 10pm** |
| **Monday** |  |  |  | Dinner |  |  |  |  | Relax and sleep |
| **Tuesday** |  |  |  | Dinner |  |  |  |  | Relax and sleep |
| **Wednesday** |  |  |  | Dinner |  |  |  |  | Relax and sleep |
| **Thursday** |  |  |  | Dinner |  |  |  |  | Relax and sleep |
| **Friday** |  |  |  | Dinner |  |  |  |  | Relax and sleep |

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|  | **Before 9am** | **9 - 9.45am** | **10 -10.45am** | **11 – 11.45am** | **12 - 1pm** | **1 -1.45pm** | **2 – 2.45pm** | **3 – 3.45pm** | **4 – 6pm** | **6 -7.45pm** | **After 8pm** |
| **Saturday** | Breakfast and get ready |  |  |  | Lunch |  |  |  | Dinner |  | Relax and sleep |
| **Sunday** | Breakfast and get ready |  |  |  | Lunch |  |  |  | Dinner |  | Relax and sleep |